



The best activities guide around!

SEPTEMBER 2006

YS Boys and Girls Club Day – 16th

Newcomer's Orientation – 19th

Community Night – 22nd

Payday Scramble – 29th





The 17th Annual Ekiden Friendship Road Relay

EKIDEN

Sunday, 1 October, 8 am - 4 pm
Sagami General Depot

The Cutoff date for registration is 5 September.
(unfortunately, this date can not be extended).

3 categories: men under 40, men over 40, and women
(4 members comprise each team).

- This event is "FREE" for SOFA status personnel and their family members over age 17.
- There are "SPECIAL AWARDS" for SOFA status personnel in each category (the 4 members must all have SOFA status to qualify for the "Special Awards").

To obtain a registration form and for additional information, please phone 263-7980.

SATURDAY, 2 SEPTEMBER 2006 (9 AM - 5 PM)

OVER 50 VENDORS:

CHINESE ROSEWOOD FURNITURE,
ANTIQUES, ARTS & PICTURES,
KOREAN & THAI FURNITURE,
TOYS, KIMONOS, CLOTHING,
ELECTRONIC GOODS, JEWELRY,
HONG KONG LINENS,
POTTERY.....

CALL 263-5316

CAMP ZAMA COMMUNITY

BAZAAR

At the Camp Zama Community Club



..... SUNDAY, 3 SEPTEMBER 2006 (10 AM - 4 PM)



The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.



DMWR strives to provide individuals with disabilities reasonable accommodation,

and are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

ZAMA Community BUGLE

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THIS MONTH'S COVER

Robotics Program Club members, who are in the 6th thru 12th grades, meet every Friday from 4:30 - 6 pm. The participants cooperate with adult mentors in creating robots according to their own interest. The participants start by using preexisting instructions to build their robot, followed by a programming and investigation session that defines the blueprints for the robot's performance. As their expertise increases, youth get involved with designing the robot using a Lego Computer Aided Design (CAD) application--creating detailed building instructions from the CAD design, and completing the programming and investigative tasks that are necessary for its performance. Mr. Ervin Lawrence, Youth Services Tech Lab Instructor, is assisting 11 year old 7th grader Leah Morales who is working on a robot with Legos project for the "King of the Hill" upcoming competition. Leah is the daughter of Mr. and Mrs. Dominator Morales.

Photo by Mr. Richard Haun, technical enhancement by Hideko McKeta.



"See the Bugle for the advertisement".

Computer Swing Analysis using "Total Vision!" Spend an hour with the pros for a detailed analysis of your golf swing using the latest computer technology. Cost is \$50 and includes a take home video tape. Call 263-4224 (Dale Jorgenson) for an appointment.



From 1 May - 30 September the Camp Zama Golf Course is offering:

FREE golf carts on weekends, US holidays and training holidays for SOFA status personnel for tee times starting at 1200 and later.

This is our way of thanking you for your patience during the construction period. Regular cart fees will be paid for rentals prior to 1200.



■ Camp Zama Golf Club • 263-4224

<http://www.usarj.army.mil/information/mwr/business/golf/>

MAJOR TOURNAMENT SCHEDULE FOR 2006

- Zama Open: 21 - 22 October

PAYDAY SCRAMBLE (FREE)

MWR is paying the \$15 entry fee and green fees for nonmembers. MLC/IHA pay ¥4,000 and JGSDF pay ¥2,000. Limited to personnel assigned to USARJ, supporting and tenant units and their family members.

- Friday, 29 September (shotgun start at noon).

NICHIBEI FRIENDSHIP GOLF TOURNAMENT

Thursday, 14 September, 7:30 am,

shotgun start. Cost is \$25 for SOFA status members and green fees for nonmembers. Contact Ernie Harada at 263-4225 to sign up.

TOMODACHI DAYS

Tomodachi Days in September are as follows:

- 8 September - Friday
- 22 September - Friday
- 11 September - Monday
- 25 September - Monday

Your Japanese guests (up to three) can play with you for the low fee of ¥4,000 plus cart. This is a significant savings over the regular rate of ¥10,000. Check with starters for available tee times.

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ATTENTION!

- Holes #11 and #12 are now open along with the new green on holes 1 and 2.
- All other holes (except #5) are playing at their regular length. Course par is now 70.
- The 5th hole is playing as a par 3 until the scheduled opening in June 2007.

Thanks for your patience and understanding during this project!




LEARN TO GOLF ADULT CLASSES

TAKE THE MYSTERY OUT OF GOLF

Session #4

Wednesdays - 13th, 20th, 27th, September and 4th and 11th October, 4 - 5:30 pm

Cost: \$75

Instructors: Dale Jorgenson, Director of Golf
Schad Nii, Assistant Golf Professional

Class Size: Maximum 16 - Minimum 6 students

Enroll: Sign up at the golf course pro shop

Price includes - five group lessons (four at the range and one on the golf course) plus four 9-hole rounds of golf (golf cart not included). Instruction will cover putting, chipping, full swing, rules and etiquette. This course is designed for beginning golfers. Golf clubs and balls are provided during the class.

Classes are open to SOFA status and MLC/IHA/HPT or JGSDF patrons only



CLUBHOUSE RENOVATION

CONSTRUCTION UPDATE

The contract to renovate the clubhouse has been awarded. Construction will start very soon. The project will be completed in phases. Phase I includes the new locker room addition, the new cart storage facility and a new stairway to the upper parking lot. During phase I, golf cart traffic from 9 green to 10 tee will be rerouted through the parking lot.



■ Child Development Center • 267-6564

SAGAMIHARA HOUSING AREA

• Closed

* Friday, 1 September, CYS Training

* Monday, 4 September, (Labor Day).

• Academic Adventure Orientation

Thursday, 7 September, 1 - 1:30 pm.

• Academic Adventure

Monday, 11 September, 8 - 11 am.

• **SHA CDC PAC Meeting** (for patrons only) will be held on Tuesday, 12 September, 4 - 4:45 pm, at the Sagamiara Housing Area Child Development Center.

• Open House (Barbecue)

Friday, 15 September, 11 am - 12:30 pm.

For more information, please phone Ms. Maricel Henson, 267-6153.

ZAMA CHILD DEVELOPMENT CENTER

• Closed

* Friday, 1 September (training holiday).

* Monday, 4 September (Labor Day).

• Nature Walk

Thursday, 7 September, 9 - 11 am (Preschool/Pre K).

• Zama Pac Meeting

Will be held on Wednesday, 13 September, 4 - 5 pm.

• Gardening at CDC

Thursday, 14 September, 9 - 3 pm (Preschool/Pre K).

• Visit Commissary

Tuesday, 19 September, 9 - 11 am (Preschool/Pre K)

• Base Field Trip

Thursday, 28 September, 9 - 11 am (Preschool/Pre K)

• **Show and Tell and Cooking Activities** (every Friday, 2:30 - 3:30 pm)

For more information, please phone Ms. Betty Huebner, 263-8081



Zama Child Development Center
Parents Night Out
Zama CDC Hourly Care is offering a Special Friday Parents Night Out. "Child Care".
Friday, 22 September, 6:30 - 11:30 pm
Please serve dinner prior to dropping off your kids (only snacks will be provided).
\$20 per child
For reservations:
• Fee must be paid two weeks in advance at the Central Registration Office.
• Limited space available.
• We must have 15 participants.
• For more information, please call the Central Registration Office, 263-4743/4125.

COMING SOON

Wednesday, 20 September, 3 - 8 pm

THE CLUB FITTING LEADER



LOWER YOUR SCORE



Factory-trained PING Fitting Specialists will be on site to custom fit you for the newest PING technology.

PING®

GOLF TIP OF THE MONTH

by Dale Jorgenson, PGA Member

1. If you asked five golfers to identify the source of power in a golf swing, you will probably get five different answers. The answers will probably range from hips to shoulders to hands. While all body



parts contribute to power, many golfers wrongly assume that power comes from the length of the backswing. While a long full backswing is the ideal, it is just not possible for the majority of average golfers to get in this position. In an effort to "get the club to parallel", they often end up bending their left arm, overturning their hips and losing their grip. While you may achieve a longer swing, the end result is poorly struck shots and loss of club head control.

2. How do you know how long your backswing should be? It is actually quite easy. Follow along with the photos below. First, extend you left arm straight out.



3. Then, without turning your shoulders move your left arm across your chest as far as you can.



4. Then, assume your golf posture and turn your shoulders.

5. Reach up with your right hand and grasp your left wrist. This will show you how far your ideal backswing should be.



6. For those of you who have been over swinging, this position will feel extremely short. Stick with it, and very soon you will be hitting the ball farther and straighter by delivering the club on plane. Oh, and by the way, the majority of the power comes from the hands and arms as they accelerate the club on the downswing.



HOURS OF OPERATION

Sunday - Monday Closed
Tuesday - Friday 1 - 9 pm
Saturday 10 am - 6 pm
Please note: Tuesday - Friday clean up starts a half hour before closing.

SAFETY ORIENTATION

DA 3031-1 Qualifications Card for use of auto crafts is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use.

SERVICES

• *Used Vehicle Courtesy Inspection*

The Auto Craft Shop offers a 20 point courtesy inspection for Soldiers and eligible Camp Zama personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done by appointment only.

CAR WASH

PREPAID CARDS FOR THE CAR WASH

The prepaid cards for the car wash machines located on Camp Zama, Sagamihara Family Housing Area and Sagami Depot are sold at the Auto Craft Shop. The cost for one card is only ¥3,000, but you get an extra ¥500 worth of credit! It's easy to use.

• *Engine / Oil Flush*

This service will help clean all the gunk build up and extend the life of your engine by revitalizing the different seals and gaskets within the oil system. The service is \$59.95 and all you need to do is provide the oil and a new oil filter and we do the rest. We offer this service by appointment only. Please note that this service is not for all vehicles, so please call or stop by so that we can make a determination.

• *Fuel System Cleaning / Flushing*

This service will work on any vehicle. This service will help get rid of most "hesitation" when you step on the gas pedal. This service is \$59.95, and we

even provide the gasoline. The service is by appointment only.

HARLEY DAVIDSON RESALE ITEMS

The Auto Craft Shop has limited resale items from Harley Davidson. We have the basics for a tune up, various oil and lube, gaskets and spark plugs. Stop by the shop and see what we have to offer.

We have all you need to do a lube and oil change for your bike anytime of the year. We have engine oil; SAE 20W 50, synthetic, etc. Also, we have lube: primary, transmission and fork oil. Spark plugs; "Screamin' Eagle", HD "Gold"; we even sell HD Genuine DOT 5 brake fluid.

"See the Bugle for the advertisement".

If you are interested in becoming a member of the youth center clubs such as the Keystone Club, 9th - 12th grades; Torch Club, 6th - 8th grades; Tech Club, 6th - 12th grades; or the DJ Club, 7th - 12th, and want your voice heard and make a positive difference in our community and youth center, please contact us at 263-4500.

TEEN SCENE at the youth center; call 263-4500 for detailed information, or check our web site at: www.zamayouthcenter.org

■ Child and Youth Services • 263-4500

www.zamayouthcenter.org

MIDDLE SCHOOL DANCE

Friday, 8 September, 7 - 10 pm - The Zama Youth Center will be sponsoring a "Back to School Middle School Dance" for all 7th - 8th graders. There will be lots of food, fun, and games. Transportation will be provided from Sagami Depot, SHA commissary, and Atsugi Theater. The cost is \$2.

SIXTH GRADE HAPPENING

Friday, 15 September, 7 - 10 pm. Come out and enjoy the first "6th Grade Happening" of the school year. There will be lots of food, fun, and games. Transportation will be provided from Sagami Depot, SHA commissary, and Atsugi Theater. The cost is \$2.

HIGH SCHOOL DANCE

Friday, 22 September, 7 - 10 pm The Zama Youth Center will be sponsoring a "Back to School High School Dance" for all 9th - 12th graders. There will be lots of food, fun, and games. Transportation will be provided from Sagami Depot, SHA commissary, and Atsugi Theater. The cost is \$2.

4H PHOTO CLASSES

Learn how to take great photos for

yourself, for a contest, or even to become one of the photographers at the youth center. You will be supplied with a 4H photography handbook and a camera. The 4-H photography project not only provides a fun hobby, but it also introduces youth to the world of work as they explore what career photographers do in their line of work. The photography project teaches life skills including communication, leading, critical thinking, planning and organizing, keeping records, and self esteem by taking pride in the things you have accomplished.

Registered members in grades 6th thru 12th are eligible to participate in this 8 week class which meets every Thursday from 3:30 - 5 pm. <http://zamayouthcenter.org/clubs/photographyprogram.html>

LEGO ROBOTICS PROGRAM

Registered members who are in 6th thru 12th grades meet every Friday from 3:30 - 5 pm. The participants cooperate with adult mentors to create robots according to their own interest. Participants start by using preexisting instructions to build their robot, followed by a programming and investigation session

ZAMA TROJANS FOOTBALL TEAM

The Zama Youth Center will provide transportation to all Zama High School away games in the Kanto Plain area. Come out and support your Zama Trojans football teams.

GAME SCHEDULE

- Saturday, 2 September. Support your Zama Trojans "Run Wild" against the Edgren Eagles at Zama American High School. The action begins at 10 am (Zama JV) and 1:30 pm Zama varsity.
- Friday, 15 September. Support your Zama Trojans "Run Wild" against the Kinnick Red Devils at Yokosuka High School. The bus will depart 3:30 pm from the Zama Youth Center. Pick up a permission form at the youth center. A limited number of seats are available.
- Friday, 29 September. Come out and support your Zama Trojans "Run Wild" against our arch rival the Yokota Panthers at Zama American High School. The action begins at 4:30 pm (Zama JV) and 7 pm (Zama varsity).

that defines the blueprints for the robot's performance. Contact Mr. Lawrence at 263-8573 for more information. <http://www.zamayouthcenter.org/techlab/robotics.html>

ZTN (ZAMATEEN NEWS)

Join us on our very own news show.

Club members in grades 6 - 12 will meet on Wednesdays from 3 - 6 pm, and learn how to film, edit and produce their own news show which will be shown on our website and on the MWR TV channel. We are looking for youth anchors, reporters, camera persons, editors, and producers.

Youth may join in at any time. Volunteers are needed to help make this program a success. Contact Mr. Lawrence at 263-8573 or e-mail at techlab@zamayouthcenter.org for more info. More information on our ZTN program can be seen at www.zamayouthcenter.org/ZTN

■ School Age Services • 267-6317

REGISTRATION PROCESS

Camp Zama School Age Services (SAS) has a great program. The program offers indoor and outdoor activities. SAS is accredited through the National School Age Care Alliance. Our program is designed to meet the four service areas: Sports, Fitness and Health; Life Skills, Leadership and Learning Opportunities; Arts Recreation and Leisure; Mentoring, Intervention and Educational Support Service.

SAS has a wonderful staff who welcomes your children everyday. Our building provides a space for homework. The technology lab provides

interesting things for children to do. The current clubs we have are Technology/Photography Club, Culture Club, and Nature/Gardening Club. The warm atmosphere at SAS is inviting and will meet the needs for children needing before and after school care.

The SAS "Parent Advisory Council" meets every third Thursday of each month in Bldg. 337, at 5 pm. We invite all parents to come out and support your SAS program.

You can pick up a complete registration package and register at the Central Registration Office located

in Bldg. 533, Camp Zama.

For more information, please contact SAS at 267-6013.



Open Enrollment

Open Enrollment in the Sagami-hara "Child Development Center Part Day Preschool Program" (3 days or 5 days). Please contact the Central Registration Office at 263-5723.

YOUTH SPORTS SEPTEMBER SCHEDULE

Events	Registration Date	Event Date	Time	Age Group
Swim Team Season • Registration will stay open throughout the season.	Open	2 Sep - 9 Dec		5-15
Soccer Season • May extend registration period throughout the season. • **New season dates. *** New JV and varsity level players who meet age requirements are welcome. ****New: all girls' 9 - 11 division.		9 Sep - 21 Oct	TBA	5 - 15, 11 - 15 (G)
Hot-Shot Soccer • May extend registration period throughout the season. • Introduction to the game (meet every Wednesday).		13 Sep - 18 Oct	1615 - 1700	3 - 4
Volleyball Season (Girls)	31 Aug - 5 Oct	4 Nov - 16 Dec	TBA	9 - 11, 12 - 15
Flag Football • 5 - 6 age division if we get 25 registrants.	31 Aug - 5 Oct	4 Nov - 16 Dec	TBA	5-6, 7-10, 11-15
Flag Football Cheerleading	31 Aug - 5 Oct	4 Nov - 16 Dec	TBA	4-6, 7-10, 11-15
Volleyball (open game) • Just show up at the teen center.		13 Oct	7 - 10 pm	12 - 18

• All registrations are taken at the Central Registration Office, Bldg #533. For more information, call 263-5437/3424.

■ Paid Advertisements

“See the Bugle for the advertisement”.

■ Paid Advertisements

“See the Bugle for the advertisement”.

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Family Team Building (AFTB), 263-HELP(4357). First time ever, AFTB Level I Evening Classes! AFTB Level 1 is designed to provide information, knowledge and skills needed to gain self-reliance and to better utilize the community support programs at Camp Zama. Are you new to the Army? Then this course is for you! Classes held at ACS, 25th - 28th September, 6 - 9 pm.

"The Choice" for all your service needs. For information and assistance, call 263-HELP (4357).

■ Army Community Service • 263-8327

RELOCATION READINESS 263-HELP (4357)

• **Medical Morning and Community Tour**

20 September, 8 - 11 am, ACS Community Room, Bldg. 402. Health care professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory to receive over the counter medications, is also given during this briefing. There is an optional community bus tour conducted immediately following the briefing from 11 a - 2:30 pm.

• **Newcomer's Train Class, Parts I and II**

Part I: 21 September, 6 - 8 pm, ACS Community Room, Bldg 402. This class will teach you how to read the signs in the stations, buy train tickets and more.

Part II: 23 September, 9 am - 4 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses and extra yen for shopping.

• **English Teachers Network**

21 September, noon - 1 pm, ACS Outreach Room, Bldg. 402. Find out how to recruit students, what fees to charge, where to find teaching materials and more.

• **Shopping on the Economy**

22 September, 9:45 am - 12:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then to the five story ¥100 shop in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.

• **English as a Second Language**

Every Monday from 10 am - noon, ACS Outreach Room, Bldg. 402. Learn the language while studying customs, traditions and idioms.

• **Knitting and Crocheting Class**

Every Tuesday from 9:30 - 11:30 am, ACS Outreach Room, Bldg. 402 (for all levels).

• **Japanese Language Class**

Every Wednesday from 10 am - noon, ACS Outreach Room, Bldg. 402. Taught by a native Japanese speaker.

• **Sponsorship Training**

Every 2nd Thursday of every month from 1:30 - 2:30 pm, ACS Outreach Room, Bldg. 402. Mandatory for all personnel assigned as a sponsor. Unit training is available upon request.

MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-HELP (4357)

Please contact Edward Chinneth at 263-8089 to schedule your unit pre-deployment readiness training, re-



NEWCOMER'S ORIENTATION

Tuesday, 19 September, 8:30 am - 4 pm • Community Cultural Center (Bldg #267)

- Mandatory for military and civilian personnel. Adult family members are encouraged to attend (free childcare is available by phoning CDS in advance at 263-4743).
- Key personnel will present an overview of the policies and services available, plus key reps from numerous organizations will be on-site to answer questions and provide informational handouts.
- Opening welcome by the Commanding General and the Garrison Commander.

"See the Bugle for the advertisement".

union briefing, family readiness group training, and unit rear detachment commanders training.

• **Pre-deployment and Ongoing Readiness Training, 263-HELP (4357)**

This training is designed to help all deploying military, civilians, and their families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month from 3 - 4 pm in the ACS Outreach Room.

• **Deployment Readiness Support Group, 263-HELP (4357)**

If your spouse is deployed, then ACS is looking for you! The support group is held the 2nd Thursday of the month from 5:30 - 6:30 pm in the ACS Community Room, Bldg. 402.

• **AER/Financial/Employment 263-HELP (4357)**

The ACS Financial Readiness Program offers a variety of services such as financial education, budget assistance and personalized budget counseling plus a host of many other finance support programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their family members a ready-made program to help achieve personal financial readiness and deploy-ability through the use of sound money management and consumer skills. For more information, contact Timothy Toney at 263-8091.

FAMILY ADVOCACY PROGRAM, 263-HELP (4357)

The Family Advocacy Program provides services designed to prevent family maltreatment and sexual assault. Educational programs aimed at increasing awareness are offered to individuals, families, organizations and command groups. If you, your unit, or organization would like to schedule a class, workshop, or a seminar on topics such as spouse and child abuse prevention, sexual assault prevention, reporting and referral procedures, safety education, family life enhancement, ect., contact the

Family Advocacy Program at 263-4357 or the FAP Manager, Luticia Trimble-Smith, at 263-4782.

The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police at 263-3002. If you have questions regarding child or spouse abuse, call 263-HELP (4357).

EXCEPTIONAL FAMILY MEMBER PROGRAM, 263-HELP (4357)

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with family members with special needs. It is important for spouses to enroll their family members to ensure their family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the family member which ever comes first. Soldiers just arriving to Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm. For more information or to register for upcoming workshops, contact the ACS EFMP Coordinator at 263-4785.

COMMUNITY LIFE OFFICE 263-HELP (4357)

• **Army Volunteer Corps (AVC)**

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. To become a Camp Zama volunteer contact your Army Volunteer Corps Coordinator.

ARMY FAMILY ACTION PLAN (AFAP), 263-HELP (4357)

To submit an AFAP issue, log onto <http://www.mwrjapan.jp.pac.army.mil/> and click on "Submit a 2006 AFAP Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.

INFORMATION AND REFERRAL, 263-HELP (4357)

I&R provides maps on local, public, private and voluntary agencies and organizations on Camp Zama, military installations throughout Japan, as well as the local Japanese economy. I&R provides a vital link between people who need help and the organizations which provide that help. For more information, phone 263-4572.

NEW PARENT SUPPORT PROGRAM (NPSP)

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- **Play Morning** is an interactive playgroup for parents and children aged birth - 6 years. Held Tuesdays, 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, 4th Thursday, 9:30 - 11 am, at SHA CDC.
- **Breast Feeding Support Group** is held the first Thursday of every month, 9:30 - 10:30 am, at ACS, Bldg 402.
- **"Baby Bundles"**. Information and supplies for new and expectant parents are available by calling NPSP at 263-3638 or e-mail stacey.davis@us.army.mil.



E

njoy
sandwiches, salads,
nachos, pizza and
desserts with family or
friends in Cafe
Roberto's.

CAMP ZAMA COMMUNITY CLUB

BINGO

\$10,000.00
No Bingo on 3 September

Thursday:
Cards on sale: 6 pm
Early Bird Game: 6:45 pm
Regular Game Start: 7 pm

Sunday:
Cards on sale: 5 pm
Early Bird Game: 5:45 pm
Regular Game Start: 6 pm

For more information, please call 263-4547.
• Progressive SR Jackpot \$10,000.00 starting with 48 numbers and every Sunday will go up 1 number.

Camp Zama Community Club • Firelite Lounge

USAR-J

COMMUNITY NIGHT

Friday, 22 September, 5 - 8 pm

Advance ticket: \$3.00
At the door: \$5.00

For more information, call 263-4547

Lots of finger foods, karaoke.

Christmas Lottery Drawing

Tuesday, 5 September

The lottery drawing is open to units, commands and also for private functions. The lottery drawing will be held in the Firelite Lounge on 5 September at 1:30 pm. Please have primary and secondary point of contacts with telephone numbers and approximate number of guests attending your party.

Happy Holidays

Camp Zama Community Club

• 263-4133

SPECIALTY OF THE DAY

Tuesday

- Try our "Yellow Ribbon Lunch Special" (\$1.00 off).
- Tuesday Night "Family Special" 5 pm - 9 pm. Any two meals for \$10.

Wednesday

- Lunch special "Pasta Buffet" only \$6.95.
- Wednesday Night "Mongolian BBQ" in the ballroom, 5 - 9 pm.

Thursday

- Thursday lunch special "Oriental Buffet" only \$6.95.
- All You Can Eat "Pasta, Pizza, Soup and Salad Bar"

Friday

- Lunch special "Assorted Buffet" only \$6.95.
- "Chef's Special" on Friday evenings plus our regular menu.

Saturday

Prime Rib or Prime Rib and Shrimp Scampi.

Sunday

2 for 1 "Steak Night" (every Sunday)

LUNCH

Sunday - No Brunch (3 September)
Sunday Brunch (10 am - 1:30 pm)

Adult: \$12.95
Youth 8 - 12: \$4.95
Youth 4 - 7: \$2.50
3 and under: Free

Tuesday

- 5 • Fried Pork (Chinese Sauce)
- 13 • Chicken Fried Steak
- 19 • Chicken Cordon Bleu
- 26 • Baked Fish Fillet

Wednesday

Pasta Buffet (\$7.95)

Thursday

Oriental Buffet (\$6.95)

Friday

Assorted Buffet (\$6.95)

Saturday - No Lunch

2 September, due to the Bazaar, breakfast and lunch will be served at an outside booth (9 am - 3 pm). There will be doughnuts, danish, coffee, yakisoba, hot dogs, hamburgers, curry rice, etc.

COUNTRY MUSIC W/DJ

Every Saturday night 8 pm - 2:30 am.

In the Firelite Lounge, playing your favorite country artiste songs.

FREE LINE DANCE

Please call 263-4547 for information on the Wednesday night free line dance instruction from 8 - 9:30 pm.

DINNER MENU

Sunday

- 2 for 1 Steak Night (good for "Steak of the Night" only).
- Limited Menu

Monday - Closed

Tuesday

Limited Menu

2 for 1

(Family Night Dinner)

Includes soup, salad bar, hot vegetable of the day and your choice of baked potato, rice, mashed potato or fries.

- 5 • Hard Beef Taco, Burritos and Mexican Rice
- Chicken Fried Steak w/Pico de Gallo
- Roasted Chicken
- Baked Meat Loaf
- 12 • Beef Bourguignone
- Baked Meat Loaf
- Roasted Chicken
- Shrimp Etouffee w/Jambalaya
- 19 • Seafood Croquettes
- Veal Parmesan on Fettuchine
- Roasted Chicken
- Bulgoki

Eda's
Seafood and Filet

A touch of Elegance

Something for everyone!
Reservations are encouraged.
Dress code is business casual, no tie or jacket required. Open Friday and Saturday, 5 - 8 pm.



DINNER MENU

- 26 • Minced Beef Cutlet
- Chicken Cordon Bleu
- Roasted Chicken
- Beef Fajita

Wednesday (5 - 9 pm)

- Mongolian BBQ
- Limited Menu

Thursday

- Regular Menu
- "All You Can Eat Pasta, Pizza, Soup and Salad Bar"
- Adult: \$9.95
- 8 - 12: \$5.95
- 4 - 7: \$3.95
- 3 and under: Free
- Bingo Night (game starts 7 pm)

DINNER MENU

Friday

Regular Menu (5 - 10 pm)

- Chef's Special (5 - 9 pm)
- Eda's (5 - 9 pm)

22 Community Night

Regular Menu (5 - 10 pm)

Chef's Special (5 - 9 pm)

Eda's (5 - 9 pm)

Saturday

- Regular Menu
- Prime Rib Dinner
- 6 oz Prime Rib and Shrimp Scampi

Our regular menu will be offered in addition to the above specials on Saturday night.

SHOW IS FREE



Professional female pool player from N.Y.

Jeanette Lee

Sunday, 24 September, 7 pm

Firelite Lounge

For more information, 263-4547

ARMED FORCES ENTERTAINMENT

T

hank you for supporting "Your" Sagami Lounge. We appreciate each and every one of our valued customers. Please feel free to let us know if there is an item or service that we can provide for you to make "Your" Sagami Lounge even better!!



■ Sagami Lounge • 268-4954/4847 Orders: 268-4142

LUNCHES

MONDAY

- 4 Closed
- 11 Turkey Fajitas w/Rice Pilaf
- 18 Chicken Cordon Bleu
- 25 Beef Green Peppers w/Egg Foo Young

TUESDAY

- 5 Okinawa Style Chicken Taco Rice
- 12 All-U-Can Eat Chinese Buffet
- 19 Spicy Chinese Ground Beef w/Rice
- 26 All-U-Can Eat Oriental Buffet

WEDNESDAY

- 6 Lasagna w/Garlic Bread
- 13 Hamburger Steak w/Cheese
- 20 Lasagna w/Garlic Bread
- 27 Spicy Pork and Cabbage in Miso Sauce

THURSDAY

- 7 Breaded Honey Mustard Chicken
- 14 Chinese Chicken
- 21 Parmesan Pork Cutlet
- 28 Hamburger Steak w/Onion Gravy

FRIDAY

- 1 Fried Seafood Platter
- 8 Fried Shrimp w/Curry Sauce
- 15 Seafood Pizza and Sauce
- 22 Baked Stuffed Alaskan Salmon
- 29 Seafood Gratin w/Spaghetti

DINNER SPECIALS

TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.50)

- 5 Mexican Dinner Special
- 12 BBQ Dinner Special
- 19 Japanese Dinner Special
- 26 Pizza and Pasta Dinner Special

WEDNESDAY NIGHT

Family night movies for adults and youth (6, 13, 20 and 27 September) regular dinner menu. Choose your discount.

THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 7 Italian Dinner: Grilled Pork w/Balsamic Sauce
- 14 Japanese Dinner: Salmon Saute w/Yuzu Sauce
- 21 Chinese Dinner: Shrimp w/Chili Sauce
- 28 Italian Dinner: Grilled Chicken and Shrimp

FRIDAY NIGHT

- 1 Steak and Lobster Tail (\$25)
- 8 Steak and Crab Leg Set (\$25)
- 15 Steak and Shrimp Set (\$20)
- 22 Prime Rib Set (\$20)
- 29 Regular Dinner Menu

SATURDAY NIGHT (MONGOLIAN BBQ)

Saturday, 2, 9, 16, 23 and 30 September. The best Mongolian BBQ in town!!!

"See the Bugle for the advertisement".



■ Zama Bowling Center • 263-4780

COMING SOON BOWLING LESSONS ON TUESDAY AND THURSDAY

3 sessions:
10 am, 1 pm and 3 pm.

Instructor is a certified bronze and certified level I bowling coach.

THIS MONTH'S SCHEDULE

- **King of the Hill Tournament**
Sunday, 3 September, noon - 5 pm.
- **No Tap 3, 6, 9 Tournament**
Sunday, 17 September, noon - 5 pm.
- **Back to School Xtreme Bowling Party**
Saturday, 30 September, 7 - 10 pm.
- **Free Family Time Bowling**
Every Wednesday, 3 pm to closing (compliments of MWR).
- **Free Bowling at Lunch Time**
Buy lunch and bowl free from 11:30 am - 1 pm, Monday thru Friday (with lunch purchase of \$4.50 or more).

PRE-PAID BOWLING CARDS

Adult, 10 games for \$15; youth, 10 games for \$5 (a saving of \$2.50).

RED PIN BOWLING DAILY DURING OPEN BOWLING

Get a strike with the Red Pin in the

#1 spot and you get a free game coupon redeemable within a month.

GOT A BIRTHDAY COMING UP?

Have it at the Zama Bowling Center. Call 263-4780 for details or stop by and check out our "Party Packages".

STOMP THE MANAGER

Every 2nd and 4th Wednesday of the month



Beat the manager and get a free dinner at the Snack Bar valued at \$5. Good for same day only. Youth up to 10 years old get 100 pin handicap; 11 - 17 years get 75 pin handicap; league bowlers may use their league handicap; adult non league bowlers may receive a 50 pin handicap. Up for the Challenge?!

For more information, call 263-4780

FORTHCOMING MAJOR MWR EVENTS

1 October	Ekiden Relay (Depot)
13 October	Red Ribbon "Smash Drugs" Volleyball (YS)
21 - 22 October	Zama Golf Open Tournament
27 - 28 October	Halloween Haunted House (CYS)
10 November	3rd Annual Jimmie Coomer Veteran's Day Golf Tournament
17 November	Teen Kahuna Bench Press Competition
18 November	Turkey Shoot Golf Tournament

COMMUNITY ACTION COUNCIL (CAC) MEETING



Friday, 8 September, 3 - 4:30 pm
CZCC Right Wing

The Community Action Council is a forum designed to bring together a cross-section of organizations/activities to share programs and updates with Soldiers, civilians and their families. All community residents are encouraged to attend. For more information, call 263-5550.

"See the Bugle for the advertisement".

MONTHLY CUSTOMER APPRECIATION DRAWING

The MWR Business Division would like to show their appreciation for your patronage at our clubs, golf, bowling and lodging. Your continued support and patronage are vital to the success and progress of programs and services that we are able to provide. We would like to offer you, our valued patrons, a small token of appreciation by providing you with an opportunity to win a "value" prize. The prize will change monthly; please read the rules below.

<i>MONTHS</i>	<i>VALUE</i>	<i>PRIZES</i>
September	\$100	Shopping spree at the Zama Golf Pro Shop
October	\$50	Dinner coupon for Sagami Lounge
November	\$100	Dinner for two at Eda's
December	\$100	Free night's stay at Zama Lodging Suite and Sunday Brunch for two. Must be used within two months.
January	\$140	CZCC one month of free lunch specials of \$6.95 (\$140). This is non transferable. The winner will have his/her name printed on the back and the cashier will check ID card for verification.
February	\$60	Dinner coupon at Hob Nob Inn monthly family night.
March	\$35	Family bowling outing 10 free games w/shoes.
April	\$90	Free massage at the Yano Fitness Center for two 45 minute sessions.
May	\$100	Mongolian BBQ for 4 guest, value up to \$100.
June	\$75	Free Golf Lessons.
July	\$100	Bingo \$50 and Dinner \$50.
<i>Total value of all prizes \$1,100 (no alcohol or gratuity included).</i>		

RULES:

1. Entry is only authorized by the Zama MWR receipt received from purchases made at any of the following locations: CZCC, Sagami Depot Lounge, Hob Nob Inn, Zama Golf, Zama Bowling or Zama Lodging (purchases and/or lodging).
2. Entry receipts must be the current month only.
3. To qualify for the drawing, the following information must be written legibly on the back of the receipt: rank, name, phone number, and e-mail address, will you be out of the area, for how long? TDY/vacation, etc.
4. Monthly prizes are complimentary of MWR.
5. There is no limit of the number of entries per person.
6. Entries will be drawn the first week of each month by a random customer of an MWR facility.
7. Entry boxes are located at the following locations: CZCC, Sagami Depot Lounge, Hob Nob Inn, Zama Golf, Zama Bowling and the Zama Lodging.
8. Winners must sign for, and pick up, their prize in person within one week. MWR will not mail or give prizes to a proxy.
9. For marketing purposes, winners must be willing to allow photos to be taken to be used as marketing tools for MWR (Bugle, CATV, Intranet...).
10. Winners who can not be reached; do not pick up the prize within a week, or do not respond to correspondence within one month will automatically forfeit their prize and the prize will be used for future drawings.
11. Pictures of the monthly prizes are available at each entry box.

For more information, call 263-4133



■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Thursdays, noon - 12:15, daily Mass, Blessed Sacrament, Chapel

Sundays, 9:15 am, Mass, Zama Chapel

Sundays, 10:45 am, CCD, Religious Education Center

1st Friday, 7 pm, Our Lady's Rosary Makers, Religious Education Center

3rd Thursday, 6:30 pm, CWOC, Zama Chapel

PROTESTANT SERVICES

Sundays, 9 am, Sunday School, Religious Education Center

Sundays, 11 am, Worship Service, Zama Chapel

Sundays, 5:30 pm, Youth Group, Chapel Annex

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, Sagamihara Chapel

Sundays, 10:30 am, Worship Service, Sagamihara Chapel

PENTECOSTAL WORSHIP SERVICE

Sundays, 8 am, Worship service, SHA Chapel

SEVENTH DAY ADVENTIST SERVICES

1st Sundays, 10 am, Joint Service, Traditional Chapel at Yokota AB.; contact Paster Pae at 045-922-3218

JEWISH SERVICES

3rd Fridays, 6 pm, Monthly Sabbath services and meals, Zama Chapel, contact Laura Dadswell at 267-6824.

ECKANKAR

An introduction to Eckankar, Religion of the Light and Sound, in the Religious Education Center. All are welcome. For more information, call Sue, 263-7858.

BUDDHIST SERVICES

(Soka Gakkai International)

Mondays and Fridays, 7 pm, discussion, SHA Chapel, contact Mr. or Mrs. Fulford at 046-257-0613.

THE CHURCH OF CHRIST

Sundays, 9:45 am, Worship, Atsugi Small Chapel

Wednesdays, 7 pm, Bible Study, Camp Zama #1076A

For more information, call 263-7924 or email glandll@yahoo.com

ON GOING BIBLE STUDIES

Thursdays, 9:30 am, PWOC (Protestant Women of the Chapel) Bible Study, Lisa Gray at 267-6565.

Thursdays, 6 - 8 pm, PWOC Bible Study, Zama Chapel, Lisa Gray at 267-6565.

Fridays, 6 - 7 pm, Single Soldier's Bible Study, Religious Education Center, SGT Ryan Eberly at 263-4898.

CHAPEL ACTIVITY IN SEPTEMBER

September 10, 11 am, Catholic Religious Education Teachers, Religious Education Center.

September 17, 10:45 am, Catholic Religious Education (CRE) starts, Religious Education Center.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

The Mormons

Sunday Services, 1 - 4 pm at the LDS Church located on Route 40, 5 - 10 minutes outside Atsugi Base East Gate.

Tuesday Night Youth Service, 7 pm at the SHA Chapel.

■ Community Cultural Center • 263-3939

CLASSES

• **Hula Dance I and II (four classes a month).**

I (beginner): \$50

Monday, 5 - 6 pm.

II (intermediate): \$50

Thursday, 5 - 6 pm

• **Piano Lesson (four classes a month).**

¥6,500, Monday or Friday.

• **Violin Lesson (four classes a month).**

¥6,500, Tuesday or Thursday.

• **Koto Lesson (four classes a month).**

Adult: ¥8,000, Youth: ¥7,000, Tuesday or Thursday.

INSTRUCTORS WANTED.

The Community Cultural Center is

looking for dance, piano, violin, koto and shamisen instructors. For more information, call 263-8892 or 263-3939.

COMING SOON!!!

• Tamagawa University Musical Performance "Starmites", 25 - 26 November.

Ballroom Dance

Ballroom Dance I: Beginner (four classes per month)

Tuesday: 5:15 - 6:10 pm (¥2,000)

Basic: Waltz, Tango, Cuban Rumba and Cha Cha Cha

Party Dance: Slow Rhythm Dance, Jitterbug and Mumbo

Ballroom Dance II: Intermediate (four classes per month)

Tuesday: 6:20 - 7:15 pm (¥4,000).

Amalgamations you learn consist of basic figures

May - July: Waltz (standard dance)

Rumba (Latin dance)

August - October: Tango (standard dance)

Cha Cha Cha (Latin dance)



T

he jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance.

■ Sports Office • 263-3954/4664

SEITAI MASSAGE

Japanese Physiotherapy with "Yukari" is available on Fridays, 5:30 - 8:30 pm (first appointment at 5:30 pm and the last appointment at 7:15 pm), and on Sundays, 11 am - 6 pm (first appointment at 11 am and the last appointment at 5 pm). Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

MASSAGE

"Massage with Shizuka" is now be-

WANTED

The Yano Fitness Center is looking for the following:

- Aerobic Instructors
- Yoga Instructors

ing offered at the Yano Fitness Center by appointment only. Days offered are Tuesday through Saturday. First appointment is 10:30 am and the last appointment is 4 pm. Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

TANNING BOOTH AND AQUA MASSAGER

Tanning booth:

- \$2.50 a visit
- \$20 for 10 visits
- \$35 for 20 visits

Aqua Massager:

- \$5 for 15 minutes.

AGE POLICY FOR POOLS

The "age policy for pools" went into effect 17 June. Children 12 years of age and below are NOT permitted in the pool unless accompanied by and under the direct supervision of

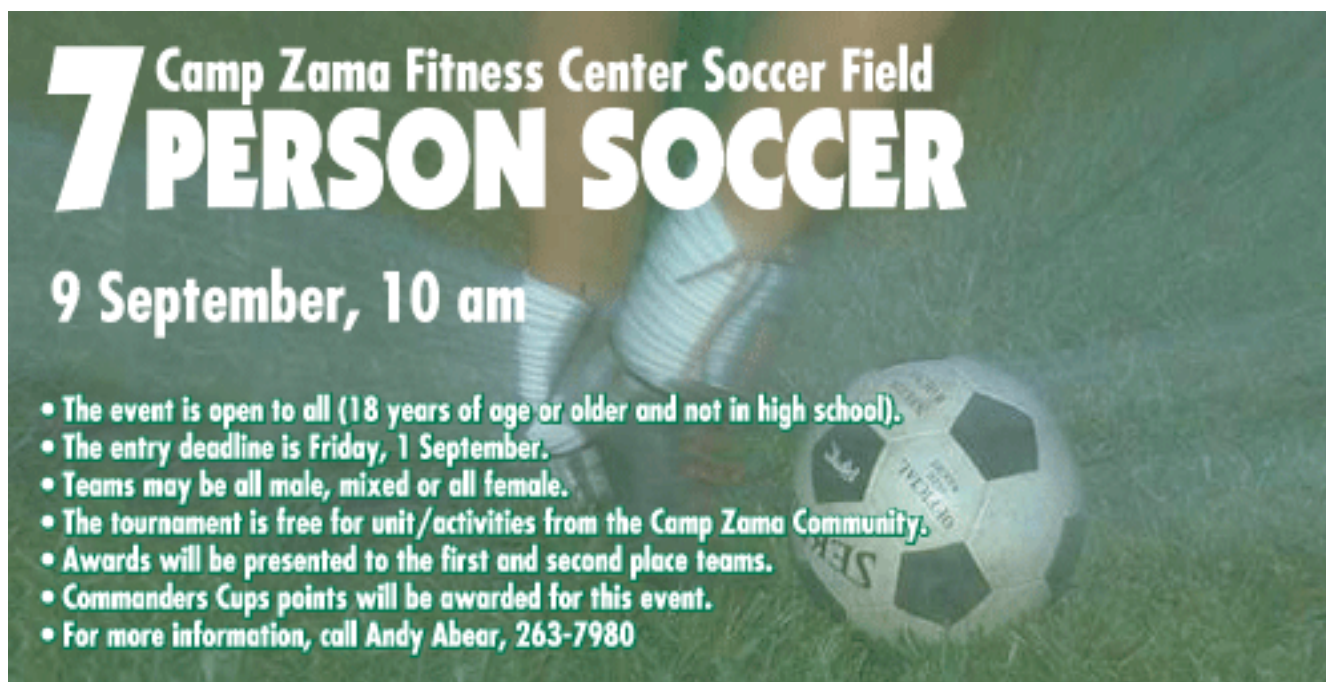


LABOR DAY 5K FUN RUN
Saturday, 2 September, 7 am,
Yano Fitness Center, Camp Zama.

- Register at the Yano Fitness Center issue counter by Friday, 1 September, 5 pm.
- There will be no registration on the day of the race.
- The packet pick-up is Saturday, 2 September, 6 - 6:50 am, Yano Fitness Center.
- Awards will be presented to the top 2 adult men and women per age category.
- The age categories are men and women: 18 - 29, 30 - 39, 40 - 49, and 50 plus years.
- 18 year olds must be out of high school.
- Commander's Cup points will be awarded for this event.

There is no fee for this event.

For more information, call Andy Abear, 263-7980.



7 Camp Zama Fitness Center Soccer Field
PERSON SOCCER
9 September, 10 am

- The event is open to all (18 years of age or older and not in high school).
- The entry deadline is Friday, 1 September.
- Teams may be all male, mixed or all female.
- The tournament is free for unit/activities from the Camp Zama Community.
- Awards will be presented to the first and second place teams.
- Commanders Cups points will be awarded for this event.
- For more information, call Andy Abear, 263-7980

a parent or guardian. Children 13 and older have access to the pools without parental supervision. Exception: Children participating in a special program organized and conducted by Aquatics, CYS, the schools, or other authorized youth organizations may participate under designated adult supervision.

LEARN-TO-SWIM PROGRAM

The Fall "Learn-to-Swim Program" will begin in October. Registration will begin 11 September at the Yano Fitness Center. Registration deadline is the Wednesday prior to the start of each session. Youth and adult classes offered. See flyer for specific details: locations, dates, times, and levels offered. Some dates may change or vary. Classes may cancel based on staffing availability and/or participation at specific locations, times, and levels. For more information, call Kimberly Bailes at 263-5656.

POOL PARTY RESERVATIONS

If you are considering a pool party, please submit a "Pool Usage Reservation Request" to the Yano Fitness Center no less than two weeks in advance. Three weeks in advance for parties during non-operational hours. Forms are available at the Yano Fitness Center. Forms can be

e-mailed to you upon request. NOTE: There are NEW pool reservation fees. For more information, call Kimberly Bailes, 263-5656.

TRAINING RESERVATIONS FOR SWIMMING POOL

If you are considering utilizing the Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the aquatics director at the Yano Fitness Center. For reservations, submit the reservation request no less than two weeks in advance. Forms can be e-mailed upon request.

Need ideas for PT Training? Do you need an instructor? We can help! Types of training we support: Water Survival Training, Water Aerobics,

Aqua Jogger, APFT Swim Test, Group Swimming Lessons (FREE for Soldiers during PT only), Water Exercise, Swimming Technique, Water Polo, and Water Basketball. For information, call Kimberly Bailes, 263-5656.

●●● POOL HOURS ●●●

Yano Indoor Pool

Monday - Friday: 0600 - 1800
(through 1 September)

Mondays - Friday: 0600 - 1900
(beginning 5 September)

Saturday, Sunday and Holidays:
1000 - 1800
(unless otherwise posted)

SHA Outdoor Pool:

4 September (last day):
1100 - 1800

WATER AEROBICS

Water Aerobics Classes (beginning 5 September):

Tuesdays and Thursdays, 9 - 10 am

Mondays, Wednesdays, and Fridays, 6 - 7 pm

See flyer for specific details and cost.

●●● For more information, call Kimberly Bailes at 263-5656 ●●●

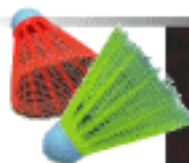


SINGLES BADMINTON TOURNAMENT

Saturday, 30 September

- The event is open to all (18 years of age or older and not in high school).
- The entry deadline is Wednesday, 27 September
- There will be men's and women's divisions.
- Commander's Cup points will be awarded for this event.
- Awards will be presented to the first and second place winners.

For more information, call 263-7980.



T

he final day of the swimming pool operation is Labor Day, 4 September; however, we will continue to support unit training. Inquire at the Torii Physical Fitness Center, Bldg 275, to use the Torii swimming pool for training purposes.
E-mail: james.perry@okinawa.army.mil.



■ Torii Station, Okinawa MWR Activities • 644-4270

ARMY COMMUNITY SERVICE 644-4110

• Family Advocacy, 644-4106

The Family Advocacy Program goal is to promote healthy families. Family Advocacy focuses on prevention, intervention and treatment of domestic violence. The Reporting Point of Contact for Torii Station for suspected child or spouse abuse is the Military Police at 644-4715.

• Sexual Assault Response and Prevention Program 644-4908

The Sexual Assault Response Coordinator (SARC) can be reached at 090-6861-6149 (24 hours a day). Information about restricted and unrestricted reporting of sexual assault can be obtained from the SARC.

• Exceptional Family Member Program, 644-4106

More information and a video presentation can be found on the following website: <http://www.myarmylifetoo.com/>. The website also has resources to gather additional information. Even if you do not have a family member with special needs, please take a moment to check out what your Army does.
E-mail:

john.boullion1@okinawa.army.mil

• Relocation Readiness Assistance Program 644-4385

* Relocation Assistance

The Relocation Program assists Soldiers and their family members throughout their mobile military life-style. Services include Newcomers Orientation, Welcome Packets, Loan Closet, Sponsorship Training and information about military installations worldwide.

* Welcome Packet

If you are new to Okinawa or are sponsoring a new Soldier or family, ACS has information that will help make any Soldier's experience on Okinawa a more pleasant one. Please call ahead if more than 2 - 3 packets are needed.

* Loan Closet

ACS operates a Loan Closet for Soldiers, family members, and civilians in transition (incoming / outgoing). The items are loaned at no charge for up to 30 days. Extensions are granted if additional time is needed.

* Sponsorship Training

Learn to be an efficient and effective sponsor. This training is mandatory for all Soldiers and civilians who will be tasked to be a sponsor. Training can be conducted for an individual or in a group session, as needed by the units.

• Outreach/IVC Programs 644-4116

* IVC Program

The Community Programs/IVC is designed to support families of deployed Soldiers. Monthly programs are planned, plus there are opportunities for future jobs. These programs offer incentives for those of deployed Soldiers to ease the deployment stress.

* Baby Bundles

To help welcome the new little Soldiers into the world, ACS offers a free gift to all expectant Soldiers and/or family members. If you are expecting, or recently had a baby, please come by to pick up your free baby bundle today!

* Free Oil Change

ACS provides free oil change and vehicle lubrication to spouses of de-

TYPHOON CLASSIC SOFTBALL TOURNAMENT

Friday, 1 September - Monday, 4 September

- \$200 per team
- Men's and Women's Divisions
- Torii Station Softball Field
- 1st and 2nd place teams in each division will receive a team trophy and individual trophies. 3rd place team receives a team trophy.
- Sign up at the Torii Physical Fitness Center, Bldg 275.
- For more information, call 644-4334/4169

"See the Bugle for the advertisement".

ployed Soldiers. If the Soldier is deployed for longer than 30 days please bring your orders to pick up your voucher. You are entitled to one voucher per six months.

*** Deployment Packets**

ACS offers deployment packets to spouses of deployed Soldiers which can help you cope with deployment and reunion issues. ACS also has coloring books and letter writing kits for the children.

*** Employment Assistance**

ACS provides assistance with resume writing and interviewing skills. ACS also provides a listing of jobs that are available on Okinawa.

**• Financial Readiness Program
644-4378**

*** FSSA (Family Subsistence Supplemental Allowance)**

FSSA was created by Congress to address the problem of service members having to use food stamps. If you are a lower enlisted Soldier with a large household, you could be eligible for this program.

*** Consumer Affairs Program**

This program was designed to help military families who have been treated unfairly, possibly by an insurance agent, financial planner, or others. If you fall into this category, call the Financial Readiness Program Manager at 644-4378/4110 for assistance.

**• Army Family Team Building
644-4743**

Take advantage of some great volunteer opportunities provided by the AFTB program at ACS. Enjoy some exciting activities that will enrich your Army family experience.


*** ESL Class**

English as a Second Language (ESL) classes are ongoing on Thursdays from 9:30 - 11:30 am in the ACS Conference Room, Bldg 236. Participants may join at any time. Classes are free and workbooks will be provided.

*** Army Family Action Plan**

Issues may be submitted through unit delegates or sent directly to Deborah.Coubrough@okinawa.army.mil

OUTREACH/IVC PROGRAMS, 644-4116
FREE CHILDCARE



PCS Childcare:
10 free hours for in or out-processing Soldiers.

Newcomer's:
5 free hours if the Soldier's spouse attends the Newcomer's Briefing.

Deployment:
10 free hours per month for as long as the Soldier is deployed.

Reunion:
16 free hours after the Soldier returns from deployment.

* Deployment must be longer than 30 days; no schools.
* These programs are open to children who are registered at any CDC.

at any time throughout the year. Please let us know what your issues are to have a positive impact on the quality of life on Okinawa.

SPORTS, 644-4334

*** Swimming Pool, 644-4334**

HOURS OF OPERATION:

Thursday - Tuesday: 10 am - 6 pm

Wednesday: CLOSED

The Torii Station swimming pool has a water slide, lap swim, free swim, and a baby pool, something for everyone. The pool is now open 6 days a week.

FREE MOVIES

Free movies are showing at the Coral Cove Club. Look for schedules in the "Island Market" and "This Week on Okinawa".

**ARTS AND CRAFTS CENTER
644-4303**

Monday, Thursday and Friday:
noon - 8 pm

Saturday and Sunday: 9 am - 5 pm
Tuesday, Wednesday and holidays:
Closed

*** Classes and Services**

Framing and matting classes are offered, plus the wood working and ceramics departments are also available for your use.

LIBRARY, 644-4468

* Like Anime? Join the club! The Torii Library has a collection of hot new titles and old favorites – from Akira to Full Metal Alchemist.

* Music CDs are now available for checkout, and we've added a few of your favorite magazines. As always,

TORII STATION
NEWCOMER'S ORIENTATION
(Installation and local community information).
Tuesday, 5 September, 8:30 am - 12:30 pm
ACS Conference Room

This briefing is mandatory for all Soldiers and civilians new to Okinawa. Spouses are welcome and encouraged to attend.

Receive free childcare by calling ACS at 644-4116. Come early, 8:30 am; a continental breakfast will be provided.

"See the Bugle for the advertisement".

■ Torii Station, Okinawa MWR Activities • 644-4270

let us know what we're missing and we'll try to have it next time! Check it out at your library!

HOURS OF OPERATION:

Tuesday - Saturday: 10 am - 7 pm.
The library is located in Bldg. 248 across from the Education Center

AUTO CRAFT CENTER, 644-5612

The Auto Skills Center and its staff of professionally trained mechanics offer a wide range of services at very reasonable prices.

HOURS OF OPERATION:

Tue and Wed, CLOSED
Thu, Fri, Mon, 11 am - 8 pm
Sat and Sun, 9 am - 6 pm

PLEASE NOTE:

Clean up starts a half hour before closing.

* Safety Orientation:

Safety orientations are held daily and is required before using the Auto Skills Center. This orientation is documented with a DA 3031-1 Qualifications Card.

* Auto Inspection

We cannot do the actual inspection, but our staff can help you get ready through a pre inspection service.

* Film Service

Protect your interior from the destructive UV rays with the installa-

tion of sun blocking film. Prices vary with the model of vehicle (reservations are required). Please check with our staff.

* Parking / Vehicle Storage

We offer both long and short term parking options for cars and motorcycles. Inside parking is also available; protect your car during typhoons.

Indoor typhoon parking:

\$10 (\$5 motorcycle)

TDY parking:

\$20 (TDY orders required)

Other than typhoon and TDY:

Indoor, \$10 per night

Outdoor, 5 Days \$20

Towing service (check with our staff).

OUTDOOR RECREATION 644-4698

HOURS OF OPERATION (summer):
Open 7 days a week, 8 am - 7 pm

* Make reservations to use facilities at the Beach Office, Bldg T301.

Pavilions (BBQ grill is included)

Small: \$25 • Medium: \$30

Large: \$40

* Enjoy the Torii Beach camping area for only \$5 for a camp site on the South (family) camping area. Cost includes a BBQ grill.

* Bicycle Rental

\$6 a day. Explore Torii Beach.

* Handicapped personnel swimming class:

May to October, every Tuesday, 10 am - noon. Free admission. This program is only available on Tuesdays (no substitution). Applications are accepted at the Beach Office.

* Torii Turtle Theater

April to November, every Friday and Saturday (weather permitting). Curtain time: after sunset.

Free movies are showing at Torii Beach. Look for the schedule on the "Beach Information Board".

SCUBA LOCKER, 644-4290.

We offer PADI, NAUI, and GUE courses. The Scuba Locker is well stocked with everything you need to enjoy Okinawa's underwater world. From Memorial Day weekend through Labor Day weekend we are running our "Summer Sale Campaign". Each weekend is a sale featuring a different company. Also, until 4 September, get an additional 10% off any retail purchase by showing your Army ID card or Air Force or Marine Corps club card. Don't miss the opportunity of a lifetime. Dive with a Whale Shark! We are on summer operating hours: Monday, Thursday and Friday, 10 am - 6 pm, Saturday and Sunday 8 am - 6 pm. As always, the Scuba Locker offers free air fills to all ID card holders.

TORII BEACH CABINS

For reservations, phone 644-4290. Each cabin will sleep one to six people (max 4 adults) and is available for rent seven days per week. Each cabin includes amenities such as a private bathroom (shower, bathroom sink and toilet), indoor and outdoor furniture, refrigerator, microwave, coffee maker, television, DVD players and BBQ grill. Visit Torii Scuba Locker to check in/out. Check in time is 3 - 6 pm, Thursday - Monday. Check out time is 11 am. \$50 per night.



CORAL COVE and CORAL COVE JR.

Free Movies are showing at the Coral Cove Club. Look for schedules in the "Island Market" and "This Week on Okinawa".

Coral Cove Club, 644-4017

- All you can eat pasta bar
Every Tuesdays in July, 4 - 10 pm, only \$3.95 in the Seaview Lounge. Two kinds of pasta, marinara and Alfredo sauces, a selection of meats and vegetables, garlic bread and a glass of wine.
- Burger and Beverage: Every Thursday, \$2.95, 4 - 8 pm
- Sunday Breakfast: 7 am - noon
This "All You Can Eat buffet" adult: \$6.95, Children under 12: \$3.95, under 5: Free

Coral Cove Jr, 644-4008

- Open Thursday - Monday, noon - 8 pm (weather permitting).
- Cook your own steak night at Torii Beach
Every Thursday, 5 - 8 pm.
Your choice of T-Bone Steak (\$10), Chicken (\$9), Mahi Mahi (\$8), or Hot Dog (\$2.50) with sides of dinner rolls, coleslaw and a baked potato.

• Cappuccinos are now available. Stop by the Coral Cove and try one of the three flavors.

■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

ON-LINE CATALOG

Search our collection from home or work at: <http://www.yokotalibrary.com/uhtbin/webzama/>

NEW MCNAUGHTON BOOKS

- *Dark Tort* by Davidson, Diane Mott (Best-seller)
- *Misquoting Jesus* by Ehrman, Bart

D. (Best-seller)

- *What Jesus Meant* by Wills, Garry (Best-Seller)
- *Dark Harbor* by Woods, Stuart (Best-Seller)
- *Sour Puss* by Brown, Rita Mae
- *Two Little Girls in Blue* by Clark, Mary Higgins
- *Inspiration* by Dyer, Wayne W.

- *The Number* by Eisenberg, Lee
- *Look Great, Feel Great* by Meyer, Joyce
- *A Dirty Job* by Moore, Christopher
- *American Theocracy* by Phillips, Kevin P.
- *The Secret Supper* by Sierra, Javier

■ Outdoor Rec. & Local Tours • 263-4671

SEPTEMBER TOURS & EVENTS

- *Yonaguni 4 Days Fun Diving Trip*
Friday-Monday, 1-4 September
*Times Vary.
- *River Boogie, Hiking & Hot Spring*
Saturday, 2 September
Depart: 5 am • Return: 10 pm
- *Sumo Stable*
Saturday, 2 September
Depart: 6 am • Return: 1:30 pm
- *Matsumoto Castle & Zenkoji Temple*
Saturday, 2 September
Depart: 4 am • Return: 10 pm
- *Baseball Game at Yokohama*
Sunday, 3 September
Depart: 11 am • Return: ?
- *Free Time at Tama Hills*
Sunday, 3 September
Depart: 8:30 am • Return: 5:30 pm
- *Tokyo Disneyland or DisneySea*
Monday, 4 September
Depart: 7 am • Return: 11:30 pm
- *Hakone Yunessan Hot Spa*
Monday, 4 September
Depart: 7:30 am • Return: 5:30 pm
- *Marlin Fishing Overnight (Izu Island)*
Friday-Saturday, 8-9 September
Depart: 6 pm (Fri)
Return: 8 pm (Sat)
- *Scenic Coast Walk & Tidal Pools*
Saturday, 9 September
Depart: 6 am • Return: 2:30 pm
- *Daytime Surfing for Beginners at Kugenuma*
Saturday, 9 September
Depart: 8 am • Return: 3 pm
- *Seto Pottery Festival*
Saturday, 9 September
Depart: 6 am • Return: 9 pm
- *Discover Scuba!*
Sunday, 10 September

- Depart: 9 am • Return: 12:30 pm
- *2006 Autobacs Super GT at Motegi*
Sunday, 10 September
Depart: 4 am • Return: ?
- *Yokota Shopping*
Sunday, 10 September
Depart: 9 am • Return: 5 pm
- *Night Hike!*
Wednesday, 13 September
Depart: 3:30 pm • Return: 12 am
- *Lake Tanzawa Kayaking, Hiking, Hot Spring & Waterfall*
Saturday, 16 September
Depart: 6 am • Return: 6 pm
- *Downhill Mountain Biking at Fujimi Panorama*
Saturday, 16 September
Depart: 6 am • Return: 7:30 pm
- *Horseback Archery Festival*
Saturday, 16 September
Depart: 9 am • Return: 5 pm
- *Fun Diving Overnight*
Saturday-Sunday, 16-17 September
Depart: 6 am (Sat)
Return: ? (Sun)
- *Enoshima Island*
Sunday, 17 September
Depart: 8 am • Return: 5:30 pm
- *Body Boarding for Beginners*
Wednesday, 20 September
Depart: 6 am • Return: 3 pm
- *Izu Island Boat Fishing (Medai/Madai)*
Saturday, 23 September
Depart: 2 am • Return: 7 pm
- *Shower Valley Walk & Hot Spring at Itamuro*
Saturday, 23 September
Depart: 5 am • Return: 10 pm
- *Scuba Diving PADI Open Water Certification Course*

*Times Vary.

- *Ueno Zoo & Park*
Saturday, 23 September
Depart: 8:30 am • Return: 6 pm
- *Wake Boarding at Flying High*
Sunday, 24 September
Depart: 6 am • Return: 7 pm
- *Heiwajima Antique Fair*
Sunday, 24 September
Depart: 8 am • Return: 4 pm
- *MotoGP World Championship Grand Prix of Japan*
Sunday, 24 September
Depart: 4 am • Return: 8 pm
- *Oedo Evening Onsen Monogatari*
Wednesday, 27 September
Depart: 4 pm • Return: 11 pm
- *Kamogawa Seaworld*
Saturday, 30 September
Depart: 7 am • Return: 6 pm
- *Soaring into the Sky! Paragliding Tandem Flight*
Saturday, 30 September
Depart: 7 am • Return: 6 pm
- *Tsukiji Fish Market*
Saturday, 30 September
Depart: 4 am • Return: 10:30 am

Directory of MWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services Branch

- **Army Community Services** 263-8327
Mon, Tue, Thu, Fri 0700-1700
Wed 0700-1500

ZAMA Golf Club

- **DIRECTOR OF GOLF ADMINISTRATIVE OFFICE** 263-4224

- (All the following golf activities are open during lunch).
■ **Course/Starter** 263-4966
263-4975

Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700

- **Restaurant** 263-7665

Mon, Tue, Thu, Fri 0630-1700
Wed 0630-1800
Weekends & US / Japanese Holidays 0530-1700

- **Pro Shop** 263-5284

Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700

- **Driving Range (Unattended)**

Wed - Sat Sunrise-2200
Mon Sunrise-1930
Tuesday 1000-2200
Sun 1600-2200

- **Chip Inn & Snack Stand** 263-5834

Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

Community Operations Division

- **ADMINISTRATIVE OFFICE** 263-4452
263-7935

- **BOWLING CENTER ZAMA** 263-4780

Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed

- **BOWLING CENTER DEPOT** 268-4954/4606

Tue - Sat 1100-2000
Sun - Mon Closed

- **ZAMA COMMUNITY CLUB** 263-4133

Lunch

Tue-Thu 1045-1315
Sunday Brunch 1000-1330

Cashier & Game Rooms

Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0200

- **Catering** 263-4204

Tue, Thu & Fri 0930-1730
Wed (Appts Only)

Café Roberto

Tue-Thu & Sun 1100-2200
Fri 1100-0100
Sat 1100-0100

Cornerstone Game Room (no bar)

Tue-Thu & Sun 1000-2300
Fri 1000-0300
Sat 1000-0230

Eda's Seafood & Filet

Thu & Sun 1700-2100
Fri & Sat 1700-2200

Firelite Lounge

Tue-Thu & Sun 1630-2300
Fri 1630-0300
Sat 1900-0230

USA Dining Room

Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200

- **HOB NOB INN** 267-6097

Lounge & Game Room

Mon, Tue-Thu 1630 - 2100
Wed 1630 - 2300
Fri, Sat 1630 - 0100
Sat 1900 - 0100
Sun Closed

Restaurant (Closed)

- **SAGAMI LOUNGE** 268-4954
268-4142

Take Out

Lunch (Mon-Fri) 1100-1300

Dinner (Tue-Sat) 1700-2000

Lounge/Game Room

Tue-Thu 1100-2200

Fri 1100-2400

Sat 1630-2300

Open during lunch

Community Recreation Division

- **ADMINISTRATIVE OFFICE** 263-5614

- **ARTS & CRAFTS CENTER** 263-4412

Mon-Tue Closed

Wed-Thu 1300-2100

Fri, Sat & Sun 1000-1800

Open during lunch

- **AUTO CRAFTS SHOP** 263-3615

Sun-Mon Closed

Tue-Fri 1300-2100

Sat 1000-1800

Training Holiday 1000-1800

- **COMMUNITY CULTURAL CTR** 263-3939

Mon-Fri 0900-2045

Sat, Sun & Hol Closed

Open during lunch

- **INTERNATIONAL TOURS** 263-5273

Mon-Fri 1000-1800

Open during lunch

LIBRARY

- **Zama** 263-3517

Mon-Thu 1000-2030

Fri- Sun & Hol 1000-1800

Open during lunch

- **Depot** 268-4523

Tue-Thu 1000-1800

Fri & Sat 0900-1700

Sun, Mon Closed

Open during lunch

- **Sagamihara** 267-6603

Tue-Thu 1000-1900

Fri-Sat 0900-1800

Sun, Mon & Hol Closed

Closed for lunch 1400-1500

- **OUTDOOR RECREATION** 263-4671

US Holidays Closed

Vehicle Rental/Equipment Rental

Mon-Fri 0900-1730

Sat-Sun 0800-1600

Open during lunch

- **Local Tours** 263-4671

Mon-Fri 0900-1730

Open during lunch

- **Animal Boarding Kennels** 263-5915

Mon-Fri 1000-1700

Sat-Sun 1000-1600

Closed for lunch 1230-1330

- **Hardy Barracks Lodging** 229-3270

- **Kure Lodging** 256-2580

- **POOLS** 263-5656

- **YANO** 263-5037

Mon-Fri 0600-1900

Sat-Sun, Holidays 1000-1800

- **SHA (Summer)** 263-5656/267-6122

Mon-Tue & Fri 1200-1800

Sat-Sun 1100-1800

Wed-Thu Closed

- **DEPOT (Closed)**

- **SPORTS/FITNESS CENTER** 263-4664

- **Zama** 263-3954

Mon-Fri 0530-2030

Sat-Sun, Holidays 1000-1800

- **Sagamihara** 263-3954/267-6762

Mon-Sun Open 24 hrs

- **Depot** 268-4729

Mon-Fri 0930-1830

Sat-Sun 1000-1800

Holiday 1000-1800

Support Services Division

- **DIRECTOR** 263-5701

- **ADMINISTRATIVE OFFICE**

Child and Youth Service Branch

- **CHILD & YS COORDINATOR** 263-8086

(All the following CDC facilities are open during lunch.)

- **Central Registration Office** 263-4743

Mon-Fri 0830-1730

- **Depot Dev Group Home** 268-4625

Sunday only 1300-1500

- **Sagamihara CDC** 267-6564

Mon-Fri 0530-1800

- **Zama CDC** 263-4992

Mon-Fri 0530-1800

YOUTH SERVICES

- **Depot Youth Center** 268-4625

- **Zama Youth Center** 263-4500

Mon-Thu 1430-2000

Fri 1430-2200

Sat 1200-2200

Sun 1400-1800

- **School Age Services (SHA)** 267-6317

Mon-Fri 0630-1800

- **Youth Sports** 263-5437

Mon-Sat 0900-1800

Open during lunch

- **School Liaison Office** 263-3397

Zama Lodging

- **ADMINISTRATIVE OFFICE** 263-3293

- **Reservation Desk** 263-2775

- **Front Desk** 263-3830

Open 24 hours/7 days a week

USAG-J Okinawa MWR

- **MWR OFFICE** 644-5396

- **ARMY COMMUNITY SERVICE**

Director 644-4110

Receptionist 644-4175

Relocation Coordinator 644-4385

Outreach/Volunteer Coordinator 644-4116

Finance/Consumer Affairs/AER 644-4378

School Liaison Officer 644-4908

Family Advocacy 644-4106

AF TB / AFAP Manager 644-4743

- **ARTS & CRAFT CENTER** 644-4303

Lobby 644-4706

- **CORAL COVE COMMUNITY CLUB**

Business Manager 644-4894

Lounge 644-4306

Cashier Cage 644-4426

- **LIBRARY** 644-4468

Staff Room 644-5335

- **MARKETING** 644-4703

Commercial Sponsorship 644-4495

Graphic/Illustration 644-4665

- **MOVIE THEATER** 644-4381

- **SPORTS/OUTDOOR REC** 644-4144

Customer Svc/Pavilion Rental 644-4334

Sports Specialist 644-4797

Event Coordinator 644-4169

Swimming Pool 644-4389

Scuba Locker 644-4795

Retail Sales 644-4290

Equipment Issue 644-4263

Parks, Picnic & Beach 644-4698

Kure Harbor Club

- **MWR Office** 256-2580

0800-1630

- **Outdoor Recreation** 256-2575

0900/1700

- **Dining Room**

Mon-Fri (Breakfast) 0700-0830

Mon-Fri (Lunch) 1130-1300

Tue-Sat (Dinner) 1630-2000

- **Bar**

Mon 1630-2000

Tue-Sat 1630-2200

- **PX / CLASS 6**

Mon-Fri 0900-1730

Sat 1130-1530

Z A M A  I T T

Fall & Winter Escapades



Fall Tours

*22~26 November

- Bangkok
- Hong Kong
- Beijing
- Angkor Wat
- Saigon
- Singapore
- Shanghai

It's OK!

It's OK to be a tourist!
Don't miss out on this season's tours!

Winter Tours

- Best of Thailand
- Cambodia Discovery
- Classic Vietnam
- Cairns Family Adventure
- Southeastern Australia Adventure
- Exotica Asia
- Northern Thailand
- Supreme New Zealand Tours
- Splendid India



*Bangkok



Zama ITT

Military Phone: 263-5273/4059

Military Fax: 263-7507

E-Mail: travel@zamaitt.com



*New Zealand



Commercial Phone: (046) 254-8896

Commercial Fax: (046) 255-0356

Website: <http://zamaitt.com>

BOYS AND GIRLS CLUB DAY FOR KIDS

SATURDAY, 16 SEPT, DEWEY PARK, NOON - 6 PM

WHAT IS BOYS & GIRLS CLUB DAY??

It is a day set aside each year to celebrate and honor America's children by spending meaningful time with them. Your attendance at this event, both as a volunteer or a parent, will be significant in that our children will know that you care.

KID'S DAY ITINERARY ACTIVITIES

- 1200 Kid's Kickoff
- 1215 - 1300 Parent/Youth Water Balloon Toss
- 1315 - 1400 Japanese Family Musical Performance
- 1415 - 1430 Adult/Youth Raffle
- 1445 - 1500 Musical Chairs
- 1615 - 1700 Adult/Youth Three legged race
- 1700 - 1715 Adult/Youth Raffle
- 1715 - 1730 Pie your loved one
- 1745 Candy Jar Raffle Announced

GAMES

- **Face Painting/Tattoos** - Staff are responsible for painting faces and placing tattoos on youth.
- **Hockey Slap Shot** - Staff assist you hitting pucks into the hockey net.
- **Win-Lose-Draw** - Staff retrieve fooseballs after youth try and attempt scoring in holes.
- **Tip-a-Troll** - staff will monitor youth throwing balls to knock down trolls and reset trolls for next person.
- **Cotton Candy Booth** - Staff will provide bags of cotton candy to kids day attendees.
- **Kids Day Booth** - Staff members will hand out Kid's Day items
- **Frog Hop** - Staff monitor youth trying to flip frog onto lily pad.
- **Ring Toss** - Staff monitor youth trying to place rings on ring toss poles.
- **Guessing the amount of candy in jar raffle** - Staff will monitor people writing down guesses for the amount of candy in jar.
- **Football Toss** - Staff will assist in retrieving footballs after each toss attempt.

"See the Bugle for the advertisement".